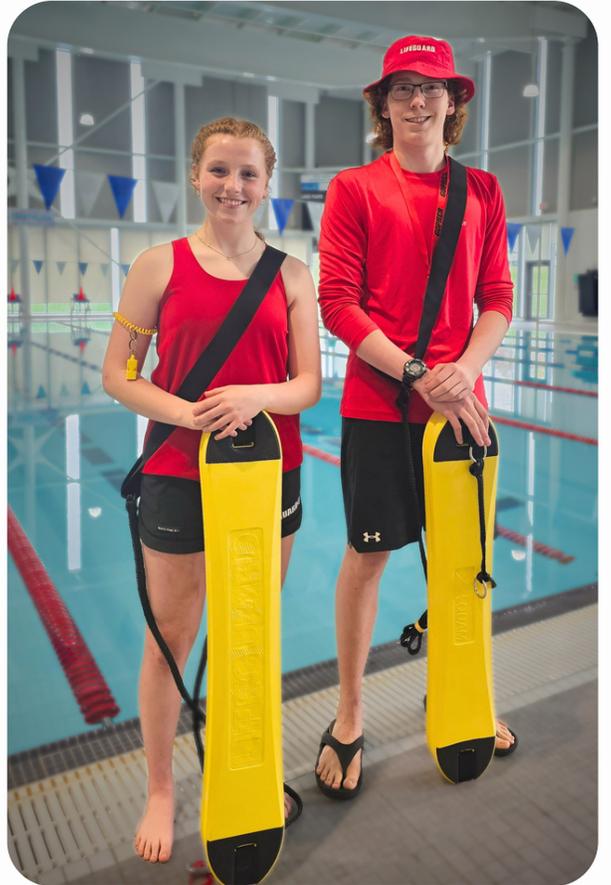


2022
2023
ANNUAL REPORT



**YMCA of
Owen Sound Grey Bruce**

Building a Brighter Tomorrow Together



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ymcaowensound.on.ca

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To Our Supporters, Donors, Volunteers, Employees and Our Community

As we reflect on the past year, we are filled with gratitude for your unwavering support and commitment to our mission. Together, we have achieved remarkable milestones and continued to make a positive impact on our community through our diverse range of programs, services and partnerships. With this in mind, we are now delighted to present to you our Annual Report for 2022-2023.

As the Chief Executive Officer and Board President of the YMCA Of Owen Sound Grey Bruce, we are proud to lead an organization that is deeply dedicated to making a difference in the lives of those we serve. Our mission to build healthy communities guides our every action, and it is thanks to your support that we are able to fulfill this mission day in and day out, through all the programs we deliver in Child Care, Day and Summer Camps, Community and Justice Programs, Settlement and Language Services, Housing and Employment supports, and Health, Fitness, Aquatics and Recreation.

Throughout this report you will learn of the many ways our outstanding employees and programs have had a positive impact on members of our community over the past year, and we wish to extend our heartfelt gratitude to all our donors, volunteers, community members, corporate partners, and government funders who have made our work possible.

Your contributions and support, whether financial or in-kind, have been instrumental in

advancing our mission, and in allowing us to thrive as a charity in Grey Bruce.

As we look ahead to the coming year, we remain committed to adapting and growing to meet the evolving needs of our community, and this will be evident as we launch our new Strategic Plan 2023-2026: Positioning for the Future. We are actively exploring new partnerships, innovative programs, and sustainable funding sources to ensure the longevity of our efforts, while also strengthening our workforce and our business foundations as we travel this road together.

In closing, we want to express our sincere appreciation for your unwavering support. Together, we are transforming lives, building stronger communities, and creating a brighter future for all. Your trust in us is the foundation upon which we build our success.

Please join us in celebrating the achievements of 2022-2023, and we invite you to continue being a part of our journey in the coming year. Together, we can accomplish even greater things.

With deepest gratitude,



S. Cowley *B Price*

Sarah Cowley
Chief Executive Officer

Bruce Price
President, Board of Directors

For those who **believe** that a successful community must be an inclusive community, the **YMCA** is a **powerful association** of people joined together by a shared passion to foster a sense of **belonging for all**.

The **YMCA** ensures that each individual has access to the essentials needed to **learn, grow, and thrive**.

Though the world may be unpredictable, the **YMCA** remains a constant: dedicated to building **healthy, strong, and connected communities**

where everyone belongs.



Who We Are

Our Mission

The YMCA of Owen Sound Grey Bruce is a charity dedicated to building a caring, healthy community by creating opportunities for all people to achieve personal growth in spirit, mind and body.

Our Vision

Our YMCA is a community leader for improving the health and vitality of Owen Sound and Grey and Bruce Counties.

Our Values

The work we do is grounded by our core values: Caring, Honesty, Respect, Responsibility.



Volunteer Board of Directors

NAME	POSITION	CAREER
Bruce Price	President	Chartered Professional Accountant
Gwynne Potter	Past President	Chartered Professional Accountant
Peter Peacock	Vice President	Operations/Sales - Retired
Kathryn Ross	VP/Treasurer	CPA, CFO (YMCA Canada) - Retired
Ann-Marie Deas	Director	Social Worker/Mental Health Lead
Evelyn Dean	Director	Human Resources Consultant
David House	Director	Director of Customer Support Operations
Bob Kanduth	Director	Government & Public Relations - Retired
Bernie Range	Director	Public Recreation - Retired
Charlotte Mojoko	Director	Social Work
Sushank Saha	Director	Director, CNO Strategic Initiatives
Kelsey Ubdegrove	Director	Lawyer
Monica Warnell	Director	Manager of Human Resources/Total Rewards
Julie Ziel	Director	Entrepreneur

Senior Leadership

NAME	POSITION
Sarah Cowley	Chief Executive Officer
Cyndy Jefferson	Director of Child Care
Nic Hayne	Director of Facilities
Carrie Saunders-Willis	Director of Human Resources/Health, Fitness & Aquatics
Gil Zulueta	Director of Finance
Matt Shute	Director of Community Initiatives & Employment Services
Scotia Hutton	Camp Director, Camp Presqu'île

Locations

Health, Fitness & Aquatics

700 10th Street E, Owen Sound
519 376-0484

Community Initiatives

23-945 3rd Ave. E, Owen Sound
519-371-9230

Employment Services

23-945 3rd Ave. E, Owen Sound
519 371-9222

7-425 10th Street, Hanover

519-364-3163

Child Care Centres

600 16th Avenue, Hanover
519 -364-4938

898 Queen Street, Kincardine
519-396-9622

1550 8th Street East, Owen Sound
519-371-9622

374 Bruce Street, Port Elgin
519 395-5570

18 Tain Street, Ripley
519 395-5570



Community Partners

For a full list please contact us.

- Alzheimer Society of Grey-Bruce
- Better Pool Committee
- Bluewater District School Board
- Bruce-Grey Catholic District School Board
- Canadian Tire JumpStart
- Canadian Mental Health Association Grey Bruce Mental Health and Addiction Services
- City of Owen Sound
- County of Bruce
- County of Grey
- Georgian College
- Government of Canada
- Government of Ontario
- Grey Bruce Health Unit
- Grey Bruce Health Services
- Ministry of Children, Community and Social Services
- Ministry of Education
- Ministry of the Solicitor General
- Ministry of Health & Long Term Care
- Ministry of the Attorney General
- Ministry of Labour, Immigration, Training and Skills Development
- Municipality of Meaford
- M'Wikwedong Native Cultural Resource Centre
- Owen Sound Attack
- Owen Sound Aquatic Club
- Parkinson Society Southwestern Ontario
- Rotary Club of Owen Sound
- Safe 'n Sound
- Salvation Army
- Swim to Survive Partners
- Township of Georgian Bluffs
- United Way of Bruce Grey
- United Way Simcoe Muskoka
- Western University
- Y Service Club

Community Programs

- Health, Fitness and Recreation
- Aquatics and Swim Lessons
- Employment Programs
- Housing Support
- Alternative Justice
- Youth Gambling Awareness Program
- Youth in Transition Worker Program
- Settlement & Language Services
- Early Learning Child Care Programs
- Before and After School Programs
- YMCA Day Camps
- YMCA Partner Days
- YMCA Peace Medal
- Volunteer Opportunities
- Opportunities to Give

Learn more about our programs on our website at ymcaowensound.on.ca

Thank you!

COMMUNITY IMPACT

As a charity, it is our goal to ensure that our programs and services are accessible to everyone, no matter what their financial circumstances are. Financial Assistance is available to people of all ages on an individual basis or as a family. For details on how to apply visit our website: ymcaowensound.on.ca/health-fitness-aquatics/financialassistance/

**1,435
STUDENTS**

received Swim to Survive training in partnership with the Lifesaving Society.

**522
PEOPLE**

were able to stay active and improve their health thanks to Financial Assistance.

**\$92,743
DONATED**

through fundraising efforts to strengthen our community and our facilities.

**217
EMPLOYEES**

our team grew over the past year and YMCAs across Canada shared the recognition of being named Forbes Canada's Best Employer.



Each year we celebrate Peace Week and award a local peacemaker. When we award YMCA Peace Medals, we celebrate others' contributions to peace. Our 2022 Peace Medal recipient was Lynn Silverton for being an inclusive community leader who identifies and shares community-building tasks, challenges, and opportunities rather than hoarding them. Her "You can help" message is inspiring as it reinforces the idea that we all own the pursuit of solutions to community problems. Congratulations, Lynn!



Our community needs the YMCA, and our YMCA needs our community.

Your donation may support a senior on a fixed income to stay active; it may allow a parent to enrol their child in swim lessons or camp; or it could provide additional support to a family experiencing a housing crisis.



CHILD CARE

"Thank you from the bottom of our hearts! You have all made such an impact on Gus and we appreciate you all so very much - these three years have been so special for Gus and I know he is going to miss you all so much! (Me too) Thank you all again!"

~ Gus P. & Family - Child Care Family

360
CHILDREN

were off to a healthy start at our five YMCA Early Learning Child Care Centres.

31,103
HOURS

of YMCA child care was provided at 20 locations across Grey Bruce counties.

696
FAMILIES

relied on our Early Learning Child Care and Before and After School programs.



SETTLEMENT & LANGUAGE SERVICES



404
NEWCOMERS

improved their skills and made new connections through Settlement and Language Services.

700
HOURS

of language instruction was provided to newcomers throughout Grey & Bruce to improve their language skills.

394
PEOPLE

participated in needs assessments, assisting with their transition into their new communities.

"I wish everyone who works here (at the YMCA), happy health strong and good days all life. I am happy to be here, and I am happy meeting all of you. Thank you so much for all of your help in my life."

~ Anonymous Settlement Services Client

CHILDREN AND YOUTH PROGRAMS

There are many challenges facing today's young people, especially those from underserved communities, including childhood obesity, youth unemployment, low-income prevalence, a weak sense of social belonging. However, despite the challenges, we know youth have the potential to create a better future for themselves and their communities. Here are some of the ways the YMCA of Owen Sound Grey Bruce is giving children and youth the opportunity to discover how amazing they are and the positive impact they can have:



106
YOUTH

transitioning out of care received support with education, employment, housing, life skills and mental health.

85
NEWCOMERS

youth received assistance integrating into their new school and registering for recreational activities.

440
YOUTH

improved their employability through employment readiness workshops, mentorship, and job trials.

204
CHILDREN

had the opportunity to socialize, build confidence, and be active at licensed School Age Summer Programs in Kincardine, Port Elgin, Hanover and Owen Sound.

\$30,000
DOLLARS

provided in partnership with Community Foundation Grey Bruce, 15 young adults were assisted with the rising cost of living and housing retention through Poverty Alleviation Subsidy.

216
CHILDREN

attended Summer Day Camp programming in Owen Sound.

HEALTH, FITNESS & AQUATICS

8,203 PEOPLE OF ALL AGES WERE ACTIVE



\$83,000

in Financial Assistance was provided to individuals and families to ensure access to our programs and services.

24

COMMUNITY MEMBERS

enhanced their quality of life and built strength, flexibility and speed in our Rock Steady Group - in partnership with Parkinson Society.

70

CARDIAC REHAB

participants were supported in partnership with Grey Bruce Health Services.



"Marley and I go swimming every Tuesday at noon. We often face challenges getting past all the cool things on display in the main lobby which can sometimes cause a bit of a scene however Marley benefits so much from the time in the water because of her mobility issues caused by Spastic Diplegia Cerebral Palsy. The ONLY reason our swims are possible is thanks to the staff at the YMCA in Owen Sound. Every single staff member; receptionists, lifeguards, housekeeping staff, the people at The Bee are always incredibly patient and understanding during our visits.

Marley and I can't thank you all enough!! Owen Sound YMCA has an incredible team working for them and we are so grateful!!"

- Rachel, YMCA Member

EMPLOYMENT SERVICES

At the YMCA, we know that when everyone has access to meaningful job opportunities, the whole community benefits. From exploring employment and training opportunities and preparing to re-enter the workforce, to helping you write effective resumes and prepare for interviews, our team will help you find a job that's right for you.



"From being chronically unemployed to landing a dream job, I am grateful to everyone that helped me achieve this goal. Now I am working somewhere that I enjoy and feel good about. A sincere thank you to everyone for your encouragement and support along the way!"

- ESSC and PSW training participant.

1130
JOB SEEKERS

received one-on-one assistance to secure employment and training opportunities.

806
JOB SEEKERS

who identified as having no source of income or not receiving assistance from Ontario Works or Ontario Disability Support Program were assisted.

94%
OF STUDENTS

who completed PSW training found employment with a local healthcare employer.

\$524,837
DOLLARS

provided to support employers and new workers to enhance the workforce with costs associated with upgrading certification/ license requirements and every day requirements for safe and rewarding work.

COMMUNITY INITIATIVES

When someone in our community is facing difficult times, YMCA Community Initiatives works diligently to provide the necessary resources and supports they need to move forward in a positive direction by offering the following programs and services: Settlement & Language, Youth in Transition, Adult and Youth Justice and Rural Homelessness Response.

5507
NIGHTS

of emergency shelter were provided in 2022-2023 for individuals experiencing homelessness across Bruce County.

153
PEOPLE

supported to find housing after utilizing the emergency shelter component of the Rural Homelessness Response program.



126
WORKSHOPS

aimed at personal growth and empathy were provided to adults and youth involved in the justice system.

2378
PEOPLE

assisted with access to food, employment, clothing and advocacy; separate from those accessing emergency short-term shelter.



Thank you for helping me with OSAP and with CAS stuff because of you I got a grant from my school and the Ministry that covers my tuition for the year."

- Youth in Transition Worker participant

FINANCIAL STATEMENTS

YMCA of Owen Sound Grey Bruce Statement of Financial Position

March 31	2023	2022
		(Restated)
Assets		
Current		
Cash and bank	\$ 4,672,191	\$ 4,666,386
Accounts receivable	880,990	897,484
Prepaid expenses	108,968	99,593
	<u>5,662,149</u>	<u>5,663,463</u>
Long-term Investments	1,442,202	1,414,898
Capital assets	<u>455,914</u>	<u>462,126</u>
	<u>\$ 7,560,265</u>	<u>\$ 7,540,487</u>
Liabilities and Net Assets		
Current		
Accounts payable and accrued liabilities	\$ 1,155,177	\$ 1,287,200
Deferred revenue	1,592,412	1,157,568
	<u>2,747,589</u>	<u>2,444,768</u>
Net assets		
Invested in net capital assets	455,914	462,146
Endowment fund	1,442,202	1,414,898
Internally restricted	613,902	681,944
Externally restricted	25,000	25,000
Unrestricted	2,275,658	2,511,731
	<u>4,812,676</u>	<u>5,095,719</u>
	<u>\$ 7,560,265</u>	<u>\$ 7,540,487</u>

FINANCIAL STATEMENTS

YMCA of Owen Sound Grey Bruce Statement of Operations

For the year ended March 31	2023	2022 (Restated)
Revenue		
Contributions, bequests and fundraising	\$ 92,743	\$ 72,690
Government purchases and grants	8,235,595	7,554,694
Membership dues	1,797,587	744,983
Program fees and parent child care fees	2,859,865	2,801,281
Investment income	201,051	100,506
Rent	119,276	63,161
Administration	48,085	19,200
Other	98,016	46,443
	<u>13,452,218</u>	<u>11,402,958</u>
Expenses		
Amortization of capital assets	74,254	88,813
Employment support programs	1,343,091	827,525
Equipment and office equipment rentals	322,788	322,532
Membership and association fees	249,916	96,036
Occupancy	1,111,202	893,421
Office and other expenses	345,445	269,630
Professional fees and purchased services	197,220	86,636
Salaries, wages and benefits	8,637,806	7,624,794
Staff and volunteer expenses	151,406	102,246
Supplies and program costs	1,271,249	1,595,995
	<u>13,704,377</u>	<u>11,907,628</u>
Excess of expenses over revenue before other and new recreation facility fund	<u>(252,159)</u>	<u>(504,670)</u>
Other		
Unrealized loss on investments	(30,884)	(80,326)
Federal wage and rent subsidies	-	1,141,187
	<u>(30,884)</u>	<u>1,060,861</u>
Recreation Facility		
New recreation facility contributions	151,000	102,500
Transfer to City of Owen Sound	<u>(151,000)</u>	<u>(102,500)</u>
	-	-
Excess of revenue over expenses (excess expenses over revenue) for the year	<u>\$ (283,043)</u>	<u>\$ 556,191</u>

The statement of operations and statement of financial position of the YMCA of Owen Sound Grey Bruce have been extracted from the entire financial statement package of the organization. The complete financial statement is available for review at the YMCA of Owen Sound Grey Bruce head office during normal business hours.



We thank these individuals, foundations and companies for their major contributions!

Together we raised \$87,282 to help those who need us the most

7 Anonymous Donors
Adrian Newbould
Alison Moran
Andrea Nelson
Andrew Wright
Anne-Louise McArthur
Annette Pedlar
Ann-Marie Deas
B.J.S Limited
Barbara Lange
Bill Wade
Bobby Gillespie
Brenda Derible
Brian & Lorrie Dean
Brian Crompton
Brianna Cavan
Bruce Price
Bryan & Lorna Barrett
Carlie Mitchell
Carolyn Cramp
Carrie Saunders-Willis
Catherine McCartney
Charities Aid
Foundation Canada
Charles Irskine
Cheri Abaza
Cholena Proper
Chris Tillcock
Christel Ernst
Christina Illman
CIBC Wood Gundy
- June DaSilva
Cyndy Jefferson
David Alexander
David and Kathy Wilson
David House
Dianne Speed
Domino's Pizza
Donna Beatty
Donna Pickard

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Elaine Ruhl
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Gail Taylor
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George Kelley
Gerd and Joseph Hulshof
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GM BluePlan Engineering
Limited
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Kathleen McKerihen
Kathryn Ross

Kathy Beattie
Kerry Lee
Kevin Gomez
Kristen Lorentz
Larry McDonald
Linda Charney-Alexander
Loblaws Inc
Lovers at Work Office
Furniture
Margaret Blender
Marilyne Jones
Megan Hutton
Meghan Calhoun
Michael MacLean
Michael Nelson
Michelle Watts
Nadine Gibbons
Natalie Madill
Nicholas Hayne
Norah Beatty
Patty Publuske
Paulien Visser
Peggy Raeburn-Bell
Peter Peacock
R James Henderson
Raunak Sapkpota
Rick Keip
Riverside Yarns
Robert Kanduth
Salma Mohammed
Sarah Cowley
Scott Vining
Shirley Holmes
Susan Kuznicki
T C Marshall
Takoda Steinman
Terry Jones
The Eva Leflar
Foundation
Theresa JoAnn Williams

Thulasee Tharan Nadesapillai
Tom and Julie Rice
Tom Senese
Tracy Marsh
Trevor Falk
Trevor Klerks
Trevor Uitvlugt
Vanessa Silver
Vicky Thompson
Wayne Murray
Willie Bayne

**Gifts made in loving
memory of:**
Joseph (Jos) Hulshof
Janneke Baan
**John James Lorne
Stevenson**
Sonia S. Bacher
**Douglas & Frances
Gordon**
Adam McCartney
Paul J Materiuk
Joseph Hulshof
George Burbidge

**Gifts made in honour
of:**
**YMCA's dedicated
staff**
David Black
**Past Y's Menettes and
Y's Men**



GET INVOLVED

There are many ways you can help people access essential services, opportunities to better their lives, and a sense of community and belonging. Find the opportunity that's right for you.



Donate

You have the option to choose a one-time or monthly donation amount. Donations receive a tax receipt.



Fundraise

Take part in local events or fundraise on your YMCA's behalf by launching your own campaign. Email us to get started: fundraising@osgb.ymca.ca



Join our Team

Whether you are starting out in your career or a seasoned professional, you will find many exciting opportunities to achieve your personal and career goals.



Volunteer

Whether you're a student, a retiree, or somewhere in between, the volunteering possibilities are almost endless because of the breadth and scope of our programming.

Visit our website to find out more about how you can get involved and make a difference in your community: ymcaowensound.on.ca/get-involved/