Level 1	Level 2	Level 3	Level 4

Bronze Star & Basic First Aid (with CPR-A)
11 years of age by last day

Assistant Swim Instructor*
12 years of age by last day
+ Star 7 or Bronze Star

Bronze Medallion & Emergency First Aid (with CPR-B)
13 years of age by last day

Bronze Cross
14 years of age by last day
Bronze Medallion & Emergency First Aid

National Lifeguard (NLS)
16 years of age by last day
Bronze Cross
Standard First Aid, CPR-C
100 % Attendance

YMCA Swim Instructor
16 years of age by last day
Assistant Swim Instructor (YMCA or Red Cross)
Standard First Aid, CPR -C

Lifesaving Instructor (LSS)
Swim Instructor (YMCA or Red Cross)
100% Attendance

S.E.E. Auditor
National Lifeguard and min. 100 hours of lifeguarding experience, or National Lifeguard Examiner, or AST, or AMT

Aquatic Supervisor (AST)

Lifesaving Swim Instructor or Lifesaving Instructor, and National Lifeguard.

*At 12 years old you are eligible to volunteer in our YMCA Aquatics Department.
**After you complete a Level 2 course, you can apply to work in our YMCA Aquatics Department.