

# Happiness starts here.

Hi! My name is Doris Lang, I am the Child Care Supervisor at the YMCA and have been working at the Y for over 24 years. People of all ages come through our doors, dealing with a variety of situations. Change starts here when people get the support and financial assistance they need. That change could be for someone like Susan; I'd like to share Susan's story with you:

After a recent separation, Susan was feeling defeated and unsure how to give her children the support they needed. Susan was working full time hours but wasn't sure that she'd be able to afford child care for her boys, one year old Mike and three year old Matthew.

Susan was at a loss and didn't know who to turn to or where to go. A friend of Susan's told her about YMCA Child Care. Susan met with the Child Care staff and was delighted that they were able to help her. With the support and direction of staff, Susan was able to get financial assistance for her Child Care and set up a payment plan to help her get through the first couple of months of her separation.

The boys loved the Child Care but Susan still wanted to give them more. The staff had made a suggestion about a YMCA membership to Susan, so she decided to check it out. She was delighted to learn that she qualified for an assisted membership she could afford and was also able to register the boys for swim lessons. Susan said "I was just so delighted, now my life is looking so hopeful, I have my boys in a child care that they love, they are taking swimming lessons and we can spend some family time together at the Y".

## *A Healthier Tomorrow Starts Here.*

I believe happiness starts here. Everyone should have access to the care and support they need. I donate to YMCA Strong Kids Campaign to ensure everyone, like Susan, who are looking for some extra support for their family are able to improve their feeling of well-being and give those they love, the care they need.

I invite you to make a donation to the YMCA Strong Kids Campaign. Donations over \$25 will receive an income tax receipt and may be made online, or at the Welcome Desk as a one time donation or as monthly preauthorized donations.

Please join our caring and supportive network of YMCA volunteers, donors and staff that our community relies on. Your kindness and generosity will spark a story of its own.

With my sincere thanks,

*Doris*

PS: Thank you to all those who have donated in the past and continue to donate today. Your generosity has made an important impact in someone's life.

